CORE CATALOGUE







V3.2/22



Tel: 0861 432 433 Rise per size • T's & C's apply sales@africantusk.co.za www.africantusk.co.za

Garden Route office: Riverview Complex, Barrington Road, Sedgefield, 6573 Factory: Unit G, Berkley Square, Melck Street, Ndabeni, Cape Town Admin and Training: Blyvooruitzicht 116, LR Farm, Portion 4, Wester Deep Levels, Carletonville



STOCK TECHNICAL FABRIC - EASY CARE & COOL





LADIES BUSH SHIRT - STONE, OLIVE & CHARCOAL



LADIES BUSH SHIRT SHAPED WITH FLAP POCKETS



AS150F SHORT SLEEVES

AS150G LONG SLEEVES WITH ROLLUP STEEVE TAB

MENS BUSH SHIRT - STONE, OLIVE & CHARCOAL



ASO47 SHORT SLEEVES

MENS BUSH SHIRT WITH FLAP POCKETS Size: S - 3XL



ASO44
LONG SLEEVES WITH ROLLUP STEEVE TAB

OUR TECHNICAL FABRIC HAS THE FOLLOWING GENUINE PROPERTIES:

FABRIC ENGINEERED IN SOUTH AFRICA







African STOCK "CLASSIC ORIGINALS" 100% COTTON RANGE







AS857-235

- 'CLASSIC ORIGINALS'
 MENS FLAT FRONT CHINOS
- Premier brand at wholesale pricing
- Washed 100% cotton twill
- Back jet pocket
- YKK Zipper
- SABS quality fabric

Size: Men 28 - 44





GENERAL STOCK GARMENTS







AS747BST-210 - LADIES STONE
MID RISE FLAT FRONT
TROUSERS
Fabric: 210G Polycotton Twill
Size: Ladies 28 - 48



Supplied in a bag

ASTMPONO - ADULTS PONCHO -DURABLE RUBBERISED AND WATERPROOF, IN A BAG OLIVE, 89L X 140W Fabric: Nylon - Size: OSFA





UNISEX POLAR FLEECE
TOP WITH POCKETS

AS283CG - PLAIN CHARCOAL
Fabric: Normal Polar Fleece
Size: XS - 3XL



ASBE11
UNISEX ELASTICATED
PANTS WITH 3 POCKETS
& DRAWCORD
• BLACK
Size: S - 3XL







UNISEX POLAR FLEECE TOP WITH POCKETS AS283OS - OLIVE / STONE Fabric: Normal Polar Fleece Size: XS - 3XL

SERVICE STAFF
UNISEX POLAR FLEECE
TOP - NO POCKETS
AS283AB - BLACK
Fabric: Normal Polar Fleece
Size: XS - 3XL





GENERAL STOCK GARMENTS









ON SPECIAL



ON SPECIAL

LAST BUY



ON SPECIAL

SHERPA FLEECE UNISEX SLEEVELESS TOP AS283CSH - CHOC / STONE Size: S - 2XL



UNISEX SLEEVELESS POLAR FLEECE TOP WITH PKTS AS283CCM - CHOC / MUSH Fabric: Polar Fleece Normal Size: S - 2XL







LADIES PF TOP, RAGLAN

SLV, PKTS, INNER COLLAR

AS1008ST - STONE

Size: S - 2XL



AS370LBV - TECH -LIGHT GREY MENS LONG SLEEVE BUSH SHIRT WITH BACK VENT AND ROLLUP SLEEVE TAB Size: S - 3XL

AS150V - TECH - LIGHT GREY LADIES LONG SLEEVE BUSH SHIRT CLASSIC SHAPED WITH BACK VENT AND **ROLLUP SLEEVE TAB** Size: Ladies 32 - 44





STOCK ESSENTIAL - JACKET & PANTS

manufactured using a DURABLE polycotton





ASBE1-PC-W
DOUBLE BREASTED LONG
SLEEVE JACKET WITH
FOLD-UP CUFFS AND WHITE
REMOVABLE POPPERS
SIZING: S - 3XL
200GM POLYCOTTON TWILL



ASBE11-PC-B
CHEFS ELASTICAED
PANTS / BAGGIES
WITH 3 POCKETS
AND INNER
DRAWCORD
SIZING: S - 3XL
200GM POLYCOTTON TWILL



CHEF STOCK GARMENTS







EP9 - BIB APRON WITH NECK ADJUSTER AND ROUNDED POCKET 72W X 86Lcm • BLACK







EP6 - CHEFS BEANIE WITH TONAL TOPPIPING AND HIDDEN VELCRO CLOSER 7,5H X 18cm • BLACK



ES2B - EXECUTIVE CHEFS JACKET
WITH PIPING, FRENCH
CUFFS & UNDERARM EYELETS
white/black piping - black/white piping
210gm p/c twill



UNISEX & MENS HOUSEKEEPING





AT780 - UNISEX TUNIC SS

AT966B - MENS SS V NECKLINE TUNIC

AT1072SS - MENS OPEN MANDARIN COLLAR SHIRT SS

AT155 - UNISEX V-NECK
TUNIC SS

AT780E - UNISEX TUNIC
SS WITH PIPING & SLEEVE TRIM

AT780C - UNISEX TUNIC SS WITH SHWESHWE NECK & SLEEVE TRIM



AS857-235 - STOCK 'CLASSIC ORIGINALS' MENS FLAT FRONT CHINOS - STONE, KHAKI, OAK & OLIVE



AXTO11 - BLACK - UNISEX ELASTICATED PANTS WITH PKTS & DRAWCORD



AXCM-TG1-460 - MENS SERVICE STAFF POLY TROUSERS



AT1004LS - MENS MANDARIN
OPEN NECK COLLAR, COVERED
BUTTONSTAND SHIRT, LONG SLEEVES



AT159B - MENS MANDARIN COLLAR BUTTON SHIRT SS OPT PKTS AND TRIM



AT1004SS - MENS MANDARIN OPEN
COLLAR SHIRT SS WITH COVERED
BUTTONSTAND



AS283AB - STOCK UNISEX PF TOP, NO POCKETS
BLACK



LADIES HOUSEKEEPING



AT1047 - LADIES 3/4 SLEEVE SHIRT, 1/4 BUTTONSTAND



AT1063SS - LADIES OPEN MANDARIN COLLAR SHIRT SS **COVERED BUTTON STAND**

AT159 - LADIES OPEN NECK SHIRT SS OPT PKTS AND TRIM



106CM LENGTH



AT780C - UNISEX TUNIC SS WITH SHWESHWE NECK & SLEEVE TRIM

AT1034 - LADIES MANDARIN SS SHAPED



AT966 - LADIES SS V NECKLINE SERVICE TUNIC



AXTODOEK -CORE HOUSEKEEPING DOEK



AT833B - SPA TABARD FULL FRONT DOUBLE PKT SIDE BUTTON CLOSERS 71CM LENGTH Size S - 2XL 76CM LENGTH Size S - 3XL



AXTOTAB - STANDARD TABARD CONTRAST **BINDING**



AXTOSMS - PLAIN LADIES SMOCK STANDARD WITH 2 BOTTOM PKTS - 106CM FROM NECK TO SEAM



AT140 - LADIES SMOCK WITH PLAIN CONTRAST



AT987 - LADIES **ELASTICATED** PANTS



AT070 - LADIES PLAIN WRAP SKIRT, 1 PANEL



AXTO40 - LADIES HALF **ELASTICATED SKIRT WITH BUTTON & ZIP**



AT064B - LADIES HALF **ELASTICATED SKIRT WITH** BUTTON, ZIP, OPT STRIPES



MALE MANAGERS & FRONT OF HOUSE





AT370LSV - MENS VENTED HOSTING SHIRT LS



AT370LBV - MENS VENTED **BUSH SHIRT LS**



ASO44-TEC - STOCK - RANGERS BUSH SHIRT WITH ROLL UP TABS LS, CHARCOAL OLIVE, STONE OR CHOC



ASO47-TEC - STOCK RANGERS BUSH SHIRT SS, CHARCOAL OLIVE, STONE



AXKVLO-PLA-LS - POLYCOTTON CLASSIC LOUNGE SHIRT LS / SS



AT1037 - SLIM FIT LOUNGE SHIRT LS



AT283 | AS283 UNISEX POLAR FLEECE WITH POCKETS



AT1058 - MENS SOFT SHELL JACKET WITH POCKETS



AT397 - MENS SLEEVELESS PUFFER JACKET



AT397B - MENS SLEEVELESS PUFFER JACKET WITH DIAMOND **STITCHING**



'CLASSIC ORIGINALS' MENS FLAT FRONT CHINOS · Premier brand at

AS857-235 - STOCK

- wholesale pricing
- Washed 100% cotton twill · Back jet pocket
- YKK Zipper
- SABS quality fabric Size: Men 30 - 44



LADIES FRONT OF HOUSE & MANAGERS



AS150F-TECH - STOCK - LADIES SHIRT SHAPED WITH FLAP PKTS SS, STONE, OLIVE & CHARCOAL



AT150B - LDS CLASSIC SHAPED SS SHIRT

AT150 - LDS CLASSIC

SHAPED LS SHIRT WITH SLEEVE

TAB





AS150G-TECH - STOCK - LADIES CLASSIC
SHAPED SHIRT LONG SLEEVE
STONE, OLIVE & CHARCOAL



AT990B - LADIES BUTTON DOWN DRESS
WITH SELF FABRIC WAIST BELT
NO POCKETS



AXKVLL-TUL - LDS ¾
SLEEVES, SHAPED HEM



AXKVLL-JAS - MANDARIN COLLAR DETAIL AT THE

AT1047 - LADIES 3/4 SLEEVE SHIRT 1/4 BUTTONSTAND



LADIES FRONT OF HOUSE & MANAGERS





AT1059 - LADIES SOFT SHELL JACKET WITH POCKETS



AT737B - LADIES L/LENGTH
QUILTED S/LESS JACKET



LADIES PF TOP, RAGLAN SLY, PKTS, INNER COLLAR

AS1008CM - CHOCOLATE / MUSHROOM AS1008ST - STONE

Fabric: Normal Polar Fleece Size: S - 2XL



AT1008 - LADIES
PF TOP, RAGLAN SLEEVE, PKTS,
COLOURS



AT772A - LADIES ALINE 70CM KNEE SKIRT



AT066H - LADIES MANAGEMENT SKIRT FRONT ZIP, KNEE LENGTH 54CM



AXCM-KW1-460 LADIES CORE SKIRT, 64CM UNLINED



AXCM-TWH-460 - LADIES LOW RISE STRAIGHT LEG PANTS



AT1026 - LADIES CHINO LOW RISE FLAT FRONT TROUSERS



AT747B - LADIES CHINO MIDRISE FLAT FRONT



AT747 - LADIES CHINO MIDRISE FLAT FRONT



AXKVLO-PLA-LS - MENS

CLASSIC LOUNGE SHIRT

LS / SS

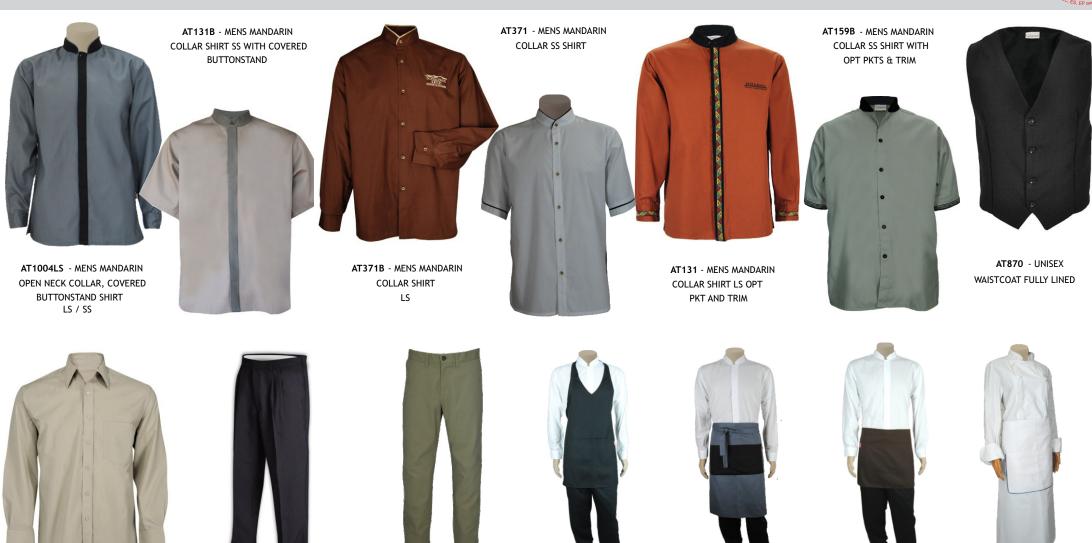
AXCM-TG1-460 - MENS

SERVICE STAFF POLY

TROUSERS

WAITRONS, BUTLERS & APRONS





Manufactured to your colour and trim detail - wide choice of fabric types and weights. 6/8 week delivery. See Stock for immediate delivery

EC41A - V-NECK

TUXEDO APRON

AT1048 - BISTRO

CONTRAST HALF APRON

AS857-235 - STOCK

'CLASSIC ORIGINALS' MENS FLAT

FRONT CHINOS, STONE, KHAKI

OAK & OLIVE

AT1076 - HALF APRON

WITH PIPED POCKET

AXTO33 - BAR APRON

WITH POCKET



WAITRESSES & SERVICE STAFF





AT1063LS - LADIES OPEN
MANDARIN COLLAR SHIRT LS
COVERED B/S



AT1063SS - LADIES OPEN
MANDARIN COLLAR SHIRT SS
COVERED B/S



AT729B - LADIES BUTTONUP MANDARIN
COLLAR SHIRT SS



AT1073 - LADIES LS SHIRT SHAPED MANDARIN NECKLINE



AXKVLL-MAD - LADIES POLYCOTTON

34 SLEEVE FEMININE CUT BLOUSE





EC33A - BAR APRON WITH POCKET AND OPTIONAL STRIPES



AXCM-TW6-460

LADIES FORMAL MIDRISE
BOOTLEG PANTS



AT159 - LADIES OPEN NECK SHIRT SS OPT PKTS AND TRIM



AXKVLL-ONY - ¾ SLEEVES WITH CONTRAST TURN-UP CUFFS



AXKVLL-SAG - ¾ SLEEVE BLOUSE
CONTRAST INNER CUFFS AND
COLLAR STAND



AT1047 - LADIES 3/4 SLEEVE SHIRT 1/4 B/S



LADIES SPA RANGE





AT964 LADIES SPA TOP





AXCM-TW6-460 - LADIES FORMAL MIDRISE **BOOTLEG PANTS POLYESTER**

AXKVTU-IVY - LADIES TUNIC MANDARIN COLLAR, SS





AT833B - SPA TABARD - LONGER LENGTH, SIDE BUTTON CLOSURES FULL FRONT DOUBLE PKT



AXDCNIT2M LADIES SPA TOP



AT014 - LADIES DRAWSTRING CAPRI **PANTS**

AT966 - LADIES SS V NECKLINE TUNIC





AT987B - LADIES 3/4 COMFORT PULL ON PANTS **POLYESTER**



MALE RANGERS





AT044 / AT047-210 - RANGERS TWILL BUSH SHIRT WITH ROLL UP TABS LS OR SS



ASO44-TECH / ASO47-TECH - STOCK - RANGERS BUSH SHIRT WITH ROLL UP TABS LS OR SS OLIVE, STONE OR CHARCOAL



AXTOBLS - TRACKER BUSH SHIRT GLADNECK LS AXTOBSS - TRACKER BUSH SHIRT GLADNECK SS



AS880LS - STOCK - MENS SIDE VENTED LONG
SLEEVE SHIRT - OLIVE
AS370LBV - STOCK - MENS BACK VENTED BUSH
SHIRT LS - GREY



AS283CG - UNISEX
POLAR FLEECE WITH POCKETS
CHARCOAL GREY



AS857CHI-235 - STOCK MENS FLAT FRONT 'CLASSIC ORIGINAL ' CHINOS - STONE, KHAKI, OAK & OLIVE (MADE-TO-FADE)



AT857CAR - MENS CARGO FLAT FRONT TROUSERS





AXCY6PANWORK

- BUSH HAT WITH SIDE STUDS, WIDE BRIM AND NECK CORD





AT001 - POLAR FLEECE BEANIE





FEMALE RANGERS





AS150 - STOCK - LADIES TECH BUSH SHIRT LS AND SS SHAPED WITH FLAP PKTS, STONE, OLIVE & CHARCOAL



AT735 - LADIES BUSH SHIRT WITH A ROUNDED COLLAR SS



AT787 - LADIES BUSH SHIRT WITH A ROUNDED COLLAR LS



AT150V - LADIES SHIRT CLASSIC SHAPED WITH BACK VENT



AT747B - LADIES CHINOS MIDRISE FLAT FRONT TROUSERS



AT1026 - LADIES LOW RISE FLAT FRONT CHINOS



AT747E / AT747F - LADIES CARGO MIDRISE FLAT FRONT SHORTS



WITH POLAR FLEECE LINING FOUR POCKETS PADDED HOOD Fabric: 210g Polycotton Twill

Size: S - 5XL



AT1059-SS - LADIES SOFT SHELL JACKET WITH POCKETS



AT1008 - LADIES POLAR FLEECE TOP RAGLAN SLV - PKTS



TRACKERS - PRICE WISE SELECTION





AS10690 - STOCK - JACKET WATER RESISTANT WARM QUILTED PADDED LINING & FOLD-IN HOOD, OLIVE



AS283OS - STOCK - MENS PF TOP WITH POCKETS



AXTOBLS - TRACKER BUSH SHIRT GLADNECK LS



AXTOBLSE - TRACKER BUSH SHIRT GLADNECK LS WITH **EPAULETTES**



EPAULETTES



AS395OL-210 - PARKA JACKET WITH POLAR FLEECE LINING AND FOUR POCKETS - OLIVE Size: S - 5XL





AT001 POLAR FLEECE BEANIE



AXCYASPBEANIE BEANIE KNITTED



AXTOBSS - TRACKER BUSH

SHIRT GLADNECK SS

AXTOPANTCARG TRACKER CARGO PANTS WITH FLY AND HALF **ELASTICATED**



AXTOPAN - TRACKER PANTS WITH FLY AND HALF ELASTICATED



AXTOSHO - TRACKER SHORTS WITH FLY AND HALF **ELASTICATED AXTOSHOC** - TRACKER SHORTS WITH CARGO POCKETS



MAINTENANCE & SECURITY





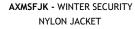


MENS JACKETS





AS10690 - STOCK JACKET WATER RESISTANT WARM QUILTED PADDED LINING & FOLD-IN HOOD, OLIVE





AT396 - PARKA JACKET WITH TWO POCKETS PF LINED CHOICE OF OUTER FABRICS

AT395 - STOCK - PARKA JACKET WITH POLAR FLEECE LINING AND FOUR POCKETS, DETACHABLE PADDED HOOD OLIVE



AT750 - MANAGERS JACKET





AT397 - MENS RIGID SLEEVELESS PUFFER **JACKET**



AT397B - MENS SLEEVELESS PUFFER JACKET WITH DIAMOND STITCHING



AT1058 - MENS SOFTSHELL JACKET WITH PKTS



AT1058C - MENS SOFTSHELL JACKET - ZIP-OFF SLVS WITH PKTS



AT1058B - MENS SOFTSHELL JACKET SLEEVELESS WITH PKTS



LADIES JACKETS









AT737B - LADIES L/LENGTH QUILTED S/LESS JACKET



AXWZ-HUL - LADIES PADDED POLYESTER
PUFFER JACKET



AT502 - LADIES PADDED JACKET



AT737C - LADIES QUILTED S/LESS

JACKET WITH SIDE PANELS



AT1059 - LADIES SOFT SHELL JACKET WITH PKTS



AT1059C - LADIES SOFT SHELL JACKET WITH ZIP-OFF SLEEVES AND PKTS



AT1059B - LADIES SOFT SHELL JACKET SLEEVELESS WITH PKTS



AXKVLTR-JAC - LDS NYLON
WIND & WATER RESISTANT LS JACKET



AT813 - LADIES CLASSIC JACKET WITH POLAR FLEECE LINING



POLAR FLEECE





AS283 - STOCK - UNISEX POLAR FLEECE
TOP WITH POCKETS, PLAIN CHARCOAL & OLIVE/STONE



AS283OS - UNISEX POLAR FLEECE
TOP WITH POCKETS



AT283D - MENS ZIP-OFF SLV PF TOP WITH PKTS



AT283C - UNISEX S/LESS
PF TOP WITH PKTS



AS283AB-NOR - STOCK - UNISEX SERVICE STAFF PF TOP WITH NO POCKETS, BLACK



AS1008 - STOCK - LDS PF TOP, RAGLAN SLV WITH PKTS, CHOC/MUSH & STONE



AT1008 - LDS PF TOP, RAGLAN SLV WITH PKTS



AT1008D - LDS PF ZIP-OFF SLV WITH PKTS



AT1003 - LADIES FITTED RAGLAN
SLEEVE POLAR FLEECE TOP
WITH PKTS



AT026C - LADIES FITTED
SLEEVELESS POLAR FLEECE
TOP



AT1008A - LADIES POLAR FLEECE
TOP, RAGLAN SLEEVE , NO PKTS
TOP

AT1008C - LDS PF

SLVLESS TOP WITH

PKTS



PONCHOS, RAIN GEAR & BLANKETS





AT566F - PONCHO CLOSED NECK UNLINED KNEE LENGTH WP OXFORD NYLON 134W X 97Lcm





ASTMPLIO - LAST BUY - ADULTS LINED PONCHO

DURABLE - HEAVY RUBBERISED

AND POLAR FLEECE LINED, IN A BAG

1,2M LONG



At566 - PONCHO PF LINED, KNEE LENGTH
AT566C - PONCHO PF LINED ANKLE LENGTH
AT566B - PONCHO PF LINED CALF LENGTH
AT566D - PONCHO UNLINED KNEE LENGTH
AT556G-NOR - PONCHO PF CALF 1,2M UNLINED



Supplied in a bag

IN STOCK

ASTMPONO - STOCK - PONCHO - DURABLE
RUBBERISED AND WATERPROOF,
OLIVE, 1,2M LONG
Fabric: Nylon - S ize: OSFA





ASTMKIDPONO - LAST BUY - KIDS PONCHO RUBBERISED AND WATERPROOF, OLIVE, 69L X 78W Fabric: Nylon - S ize: OSFA



AXTMRAINSUIT - RAINSUIT IN A BAG - 2 PIECE





LUXURY BUSH BLANKET AT456A - 145 X 145CM AT456B - 145 X 200CM PC TWILL & POLAR FLEECE





PF BLANKET RAW CUT EDGE AT454F - 140 X 100 AT454E - 140 X 150 AT454G - 140 X 200





PF BLANKET HEMMED EDGE AT454D - 140 X 150 AT454C - 140 X 180 AT454H - 140 X 200



AT453 - HOT WATERBOTTLE cover



SHOES & CLOGS

(NB ladies to order 1 size smaller)

NO EXCHANGES OR RETURNS ON **CORRECTLY SUPPLIED SIZES**



UNISEX WORKWEAR SHOE - STC **AYPBHOBOS - STC**

- GENUINE LEATHER
- BLACK ENTRY LEVEL UNISEX SAFETY SHOE
- 200 JOULE RESISTANT STEEL TOE CAP
- WIDE FITTING FOR COMFORT
- DURABLE AND SLIP RESISTANT
- DUAL DENSITY POLYURETHANE/POLYURETHANE SOLE





- GENUINE LEATHER
- BLACK ENTRY LEVEL UNISEX SAFETY BOOT
- 200 JOULE RESISTANT STEEL TOE CAP
- WIDE FITTING FOR COMFORT
- DURABLE AND SLIP RESISTANT
- DUAL DENSITY POLYURETHANE/POLYURETHANE SOLE



UNISEX CHEFS CLOG LEATHER SLIPON LEMAITRE

AYBN8008 - STC AYBN8007 - NSTC • SLIP RESISTANT SOLE

• 10 UNIT MINIMUM



BISTRO WORK AYFFBISTRO

• NON-STEEL TOE CAP



UNISEX SLIP ON SERVICE SHOE AYKVSF007

- SINGLE DENSITY PU SOLE
- WATER RESISTANT

• ANTI-STATIC & ANTI-SLIP





FABRICS & COLOURS



120gm POLYCOTTON SHIRTING - Easy care and cool



145gm 100% COTTON TWILL - Pre shrunk, light and cool cotton



220gm 100% COTTON TWILL



220Egm 100% COTTON TWILL



SHWE SHWE



235g 100 % BRUSHED COTTON TWILL - SABS quality approved



160gm POLYCOTTON TWILL - lighter and durable



200Egm POLYCOTTON TWILL



210gm POLYCOTTON TWILL



CHECKS & STRIPES POLYCOTTON TWILL



160gm 100% POLYESTER - mechanical stretch

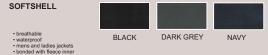


POLAR FLEECE MICRO 200gm, anti pill, technical



POLAR FLEECE NORMAL - 250gm, anti pill









SIZING INFORMATION



Please request an actual sample garment to confirm your sizing before placing your order as the information below is only a guideline. No returns if garments are supplied as per your order.

General Metric Conversion Table

INCHES:	28	30	32	34	36	38	40	42	44	46	48
CMS:	71	76	81	87	92	97	102	107	112	117	122

Men's Lounge Shirts

Measure under your arms, around your back and around the top part of your chest with your arms at your sides

ORDER:	32	34	36	38	40	42	44	46	48	50	52	54
Metric Size:	81	87	92	97	102	107	112	117	122	127	132	137
Approx S, M, L:	S	S	S	М	М	L	L	XL	2XL	3XL	4XL	5XL

Unisex Tunics & Men's Bush Shirts - cut on the larger size

Measure under your arms, around your back and around the top part of your chest with your arms at your sides

ORDER:	XS	S	М	L	XL	2XL	3XL	4XL
Inch Size:	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60

Men's Trousers and Shorts - measure around your waist

ORDER:	28	30	32	34	36	38	40	42	44	46	48
Metric Size:	71	76	81	87	92	97	102	107	112	117	122

Ladies Polar Fleece Top 1008 / Soft Shell Jacket 1059

ORDER:	XS	S	М	L	XL	2XL	3XL
Inch Size:	30	32-34	36-38	40	42	44	46

Unisex polar Fleece Tops 283 - 2 inch overall allowance

ORDER:	S	М	L	XL	2XL	3XL	4XL	5XL
Inch Size:	34-36	38-40	42-44	46	48	50	52	54

Overalls-conti suits are ordered by chest measurement

- our suggestion is to order 1 size bigger than chest measurement to allow for movement and clothing to be worn under the suits
- conti pants in the set are 2 sizes smaller per industry norm see below
- above based on a slim body type, larger body types to order 2 sizes bigger
- please order a sizing set before placing your order as there are no returns on conti suits correctly supplied

Conti suit sets

ORDER Top Size:	32	34	36	38	40	42	44	46	48	50
Pants - elasticated:	28	30	32	34	36	38	40	42	44	46

When ordering conti pants only

Please order 1 size you need to confirm the general sizing as there are no returns on conti pants correctly supplied

Your waist size:	28	30	32	34	36	38	40	42	44	46	48
Pants relaxed:	26	28	30	32	34	36	38	40	42	44	46
Pants full stretched:	36	38	40	42	44	46	48	50	52	54	56

Ladies Size Chart for Shirts and Tops

Measure under your arms, around your back and around the largest part of your bust with your arms at your sides

ORDER:	28	30	32	34	36	38	40	42	44	46
Metric Size:	72	77	82	87	92	97	102	107	112	117
Approx S, M, L:	XS	S	S	М	М	L	XL	2XL	3XL	4XL

Ladies pants and skirts

Measure around your hip\$2 fingers above where the trouser lower waistband would sit

ORDER:	28	30	32	34	36	38	40	42	44	46	48	50	52	54
Metric Size:	72	77	82	87	92	97	102	107	112	117	122	127	132	137

Chefs Double Breasted Jackets

Order:	30	32	34	36	38	40	42	44	46	48	50	52	54
Metric Size:	76	81	87	92	97	102	107	112	117	122	127	132	137
Half Chest:	43	46	49	52	55	58	61	63	67	70	72	74	77
Approx Alpha Size:	XS	XS	S	S	М	М	L	L	XL	XL	2XL	3XL	3XL

Chef Flap Shirts

Order:	S	М	L	XL	2XL	3XL	4XL	5XL
Metric Size:	92-97	102-107	112	117-122	127-132	137-142	147	152
Inch Size:	36-38	40-42	44	46-48	50-52	54-56	58	60
Half Chest:	56	58	61	67	72	78	82	87

Chef Elasticated Trousers

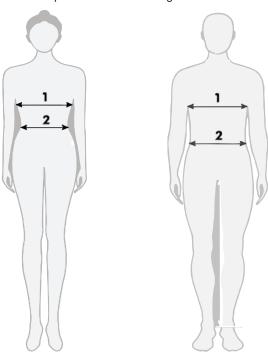
Order:	XS	S	М	L	XL	2XL	3XL	4XL	5XL
Inch Size:	26-28	30	32	34-36	38-40	42-44	46-48	50-52	52-54
Metric Size:	67-72	77	82	87-92	97-102	107-112	117-122	127-132	132-137



MEASURING & WASHCARE



- 1 LADIES BUST: Measure at the fullest part of your bust, by placing the tape measure under your arms WASHING AND GARMENT CARE INFORMATION and across your shoulder blades. Remember to breathe out when taking this measurement.
- 2 LADIES WAIST: Measure your waist around the natural waistline.
- 1 MENS CHEST: Measure across the widest part of the chest, under the armpits, and around the back. Ensure that the tape is horizontal all the way around the body. (Do not allow it to dip at the back).
- 2 MENS WAIST: Decide where you want your trousers to sit (on the hips, above the hips) and measure at this position. Ensure that the tape is horizontal to the ground



COTTON GARMENT WASH CARE

- Cold water wash
- Do not tumble dry
- Garments must be rinsed thoroughly modern washing powder contains optical bleach which, when poorly rinsed, reacts with the sun to bleach the fabric
- Perspiration will bleach the colour from cotton garments
- Allow up to 5% shrinkage
- Cotton fabric and colour is unfortunately not guaranteed due to the varying wash care and working conditions per client

- Cold water wash
- Do not tumble dry.
- Garments must be rinsed thoroughly
- Cool iron must be used on all fabrics except nylons and polar fleece materials (No Ironing)
- Do not iron on the screenprints or the embroideries
- Do not use bleach as this will weaken the fibres

WASHCARE GUIDELINES - HOW TO INCREASE YOUR WARDROBE LIFE SPAN:

Washing:

- · Avoid harsh bar soaps and bleaches as they cause discolouring
- Use very little fabric softener as this tends to weaken fibres How to reduce creasing:
- Hang up garment after wearing. Fasten zips and buttons to help the garment keep its shape
- Jackets should be placed on a hanger when not being worn
- · Hang washable garments on hanger whilst damp and minor creases should drop out
- When ironing is required, iron on the reverse side to prevent "shining"

Drying:

- Fasten all buttons & hang inside out, especially dark colours
- If garments are left out in the sur all day they will be bleached by the sun

Stain removal:

· Always carefully remove stains before washing or drying as heat can make stains permanent

TREATING STAINS:

Antiperspirant: Make a paste with bicarbonate of soda and salt and

apply to stain for about 15 minutes. Soak in detergent and then wash as normal. Ball Point Pen: Sponge with

methylated spirits or Eau-de-Cologne. Any remaining stain should then be rubbed with soap and washed as normal.

Alcohol or Food: Use soda water. Place a towel under area. Fizz soda and rub in towards the centre of the spot.

Blood: Mop with tissues & soak in strongly salted cold water. Keep changing the salt-water solution until it runs clear. Sponge any remaining stain with warm water. Rinse with cold water. Wash the whole garment before the stain dries using a detergent.

Chewing Gum: Put the stained garment in a plastic bag and freeze overnight. Gum should scrape o ffeasily, or brush egg white onto gum stains with a toothbrush and wash normally. Coffee and Tea: Soak in lukewarm detergent solution. (Always dissolve the detergent in water soaking). Then treat with methylated spirits.

Fruit and Fruit Juices: Rub the stain with salt before washing. Rinse in cold water and soak in liquid detergent. (See care label) Oil: Eucalyptus oil is an excellent oil and grease stain remover (from pharmacy). Using a cotton swab, apply to stained area and then wash as per the care instructions. Tomato Sauce: Rinse in cold water and soak in liquid detergent. If necessary, treat with methylated spirits.

HAND WASHING:

- Fill a bucket or deep sink with warm water and about a 1/4 cup of detergent
- Put your clothing in the water and leave to soak for a while if stained
- · Knead the clothing with your hands in the water for a few minutes, as much as you would knead bread
- · Rinse the clothing until water runs clear, not soapy
- · Wring out the garment gently
- Turn garments inside out and close any buttons' or zips
- Hang out to dry on a clothes line or a well-ventilated area