





24 hour dispatch unbranded\*

# REOPENING / WINTER SPECIALS IN-STOCK GARMENTS

OUR FULL STOCK RANGE 'AS' CODED IS AVAILABLE ON A 3 WEEK DISPATCH WITH EMBROIDERY\*

Tel: 0861 432 433 Rise per size • T's & C's apply sales@africantusk.co.za www.africantusk.co.za

Admin and Training: Blyvooruitzicht 116, LR Farm, Portion 4, Wester Deep Levels, Carletonville Factory: Unit G, Berkley Square, Melck Street, Ndabeni, Cape Town Garden Route office: Riverview Complex, Barrington Road, Sedgefield, 6573



# SIZING INFORMATION



Please request an actual sample garment to confirm your sizing before placing your order as the information below is only a guideline. No returns if garments are supplied as per your order.

General Metric Conversion Table

INCHES:	28	30	32	34	36	38	40	42	44	46	48
CMS:	71	76	81	87	92	97	102	107	112	117	122

### Men's Lounge Shirts

Measure under your arms, around your back and around the top part of your chest with your arms at your sides

ORDER:	32	34	36	38	40	42	44	46	48	50	52	54
Metric Size:	81	87	92	97	102	107	112	117	122	127	132	137
Approx S, M, L:	S	S	S	Μ	М	L	Ш	XL	2XL	3XL	4XL	5XL

Unisex Tunics & Men's Bush Shirts - cut on the larger size

Measure under your arms, around your back and around the top part of your chest with your arms at your sides

ORDER:	XS	S	М	L	XL	2XL	3XL	4XL
Inch Size:	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60

### Men's Trousers and Shorts - measure around your waist

ORDER:	28	30	32	34	36	38	40	42	44	46	48
Metric Size:	71	76	81	87	92	97	102	107	112	117	122

### Ladies Polar Fleece Top 1008 / Soft Shell Jacket 1059

ORDER:	XS	S	М	L	XL	2XL	3XL
Inch Size:	30	32-34	36-38	40	42	44	46

### Unisex polar Fleece Tops 283

ORDER:	S	М	L	XL	2XL	3XL	4XL	5XL
Inch Size:	34-36	38-40	42-44	46-48	50-52	54	56	58

### Overalls - conti suits are ordered by chest measurement

- our suggestion is to order 1 size bigger than chest measurement to allow for movement and clothing to be worn under the suits
- conti pants in the set are 2 sizes smaller per industry norm see below
- above based on a slim body type, larger body types to order 2 sizes bigger
- please order a sizing set before placing your order as there are no returns on conti suits correctly supplied

### Conti suit sets

ORDER Top Size:	32	34	36	38	40	42	44	46	48	50
Pants - elasticated:	28	30	32	34	36	38	40	42	44	46

### When ordering conti pants only

Please order 1 size you need to confirm the general sizing as there are no returns on conti pants correctly supplied

Your waist size:	28	30	32	34	36	38	40	42	44	46	48
Pants relaxed:	26	28	30	32	34	36	38	40	42	44	46
Pants full stretched:	36	38	40	42	44	46	48	50	52	54	56

### **Ladies Size Chart for Shirts and Tops**

Measure under your arms, around your back and around the largest part of your bust with your arms at your sides

ORDER:	28	30	32	34	36	38	40	42	44	46
Metric Size:	72	77	82	87	92	97	102	107	112	117
Approx S, M, L:	XS	S	S	М	М	L	XL	2XL	3XL	4XL

### Ladies pants and skirts

Measure around your hips 2 fingers above where the trouser lower waistband would sit

ORDER:	28	30	32	34	36	38	40	42	44	46	48	50	52	54
Metric Size:	72	77	82	87	92	97	102	107	112	117	122	127	132	137

### **Chefs Double Breasted Jackets**

Order:	32	34	36	38	40	42	44	46	48	50	52	54
Metric Size:	81	87	92	97	102	107	112	117	122	127	132	137
Half Chest:	46	49	52	55	58	61	63	67	70	72	74	77
Approx Alpha Si	ize:		S		М		L	XL	2XL	3XL	4XL	5XL

### Chef Flap Shirts

Metric Size:	92-97	102-107	112	117-122	127-132	137-142	147	152
Inch Size:	36-38	40-42	44	46-48	50-52	54-56	58	60
Half Chest:	56	58	61	67	72	78	82	87
Order:	S	М	L	XL	2XL	3XL	4XL	5XL

### **Chef Elasticated Trousers**

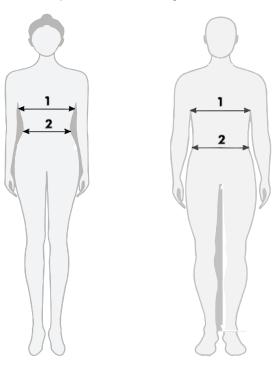
Inch Size:	26-28	30-32	34-36	38-40	42-44	46-48	50-52	52-54
Metric Size:	66-71	76-81	87-92	97-102	107-112	117-122	127-132	132-137
Order:	S	M	L	XL	2XL	3XL	4XL	5XL



# **MEASURING & WASHCARE**



- 1 LADIES BUST: Measure at the fullest part of your bust, by placing the tape measure under your arms WASHING AND GARMENT CARE INFORMATION and across your shoulder blades. Remember to breathe out when taking this measurement.
- 2 LADIES WAIST: Measure your waist around the natural waistline.
- 1 MENS CHEST: Measure across the widest part of the chest, under the armpits, and around the back. Ensure that the tape is horizontal all the way around the body. (Do not allow it to dip at the back).
- 2 MENS WAIST: Decide where you want your trousers to sit (on the hips, above the hips) and measure at this position. Ensure that the tape is horizontal to the ground



### COTTON GARMENT WASH CARE

- Cold water wash
- Do not tumble dry
- Garments must be rinsed thoroughly modern washing powder contains optical bleach which, when poorly rinsed, reacts with the sun to bleach the fabric
- Perspiration will bleach the colour from cotton garments
- Allow up to 5% shrinkage
- Cotton fabric and colour is unfortunately not guaranteed due to the varying wash care and working conditions per client

- Cold water wash
- Do not tumble dry. This will increase the life of the garment
- Garments must be rinsed thoroughly
- When drying in sunlight the garments must be turned inside out to reduce colour fading
- Cool iron must be used on all fabrics except nylons and polar fleece materials (No Ironing)
- Do not iron on the screenprints or the embroideries
- Do not use bleach as this will weaken the fibres

## WASHCARE GUIDELINES - HOW TO INCREASE YOUR WARDROBE LIFE SPAN:

Follow the care instructions on the can make stains permanent garment labels to preserve the appearance of your uniform. It is each staff members own responsibility to take care of their uniform.

### Washing:

- · Rather use brand washing powders & avoid harsh bar soaps and bleaches as they cause discolouring
- · Use very little fabric softener as this tends to weaken fibres

### How to reduce creasing:

- Hang up garment after wearing. Fasten zips and buttons to help the soda and rub in towards the garment keep its shape
- Jackets should be placed on a hanger when not being worn
- Hang washable garments on hanger whilst damp and minor creases should drop out
- When ironing is required, iron on the reverse side to prevent "shining"

- Fasten all buttons & hang inside out, especially dark colours
- all day they will be bleached by the sun

### Stain removal:

• Always carefully remove stains before washing or drying as heat

### TREATING STAINS:

Antiperspirant: Make a paste with bicarbonate of soda and salt and apply to stain for about 15 minutes. Soak in detergent and then wash as normal.

Ball Point Pen: Sponge with methylated spirits or Eau-de-Cologne. Any remaining stain should then be rubbed with soap and washed as normal.

Alcohol or Food: Use soda water. Place a towel under area. Fizz centre of the spot.

**Blood:** Mop with tissues & soak in strongly salted cold water. Keep changing the salt-water solution until it runs clear. Sponge any remaining stain with warm water. Rinse with cold water. Wash the whole garment before the stain dries using a detergent.

Chewing Gum: Put the stained garment in a plastic bag and freeze overnight. Gum should • If garments are left out in the sun scrape off easily, or brush egg white onto gum stains with a toothbrush and wash normally. Coffee and Tea: Soak in lukewarm detergent solution. (Always dissolve the detergent in

water soaking). Then treat with methylated spirits.

Fruit and Fruit Juices: Rub the stain with salt before washing. Rinse in cold water and soak in liquid detergent. (See care label) Oil: Eucalyptus oil is an excellent oil and grease stain remover (from pharmacy). Using a cotton swab, apply to stained area and then wash as per the care instructions. Tomato Sauce: Rinse in cold water and soak in liquid detergent. If necessary, treat with methylated spirits.

### HAND WASHING:

- Fill a bucket or deep sink with warm water and about a 1/4 cup of detergent
- Put your clothing in the water and leave to soak for a while if stained
- · Knead the clothing with your hands in the water for a few minutes, as much as you would knead bread
- · Rinse the clothing until water runs clear, not soapv
- · Wring out the garment gently
- Turn garments inside out and close any buttons' or zips
- Hang out to dry on a clothes line or a well-ventilated area



# STOCK TECHNICAL FABRIC - EASY CARE & COOL





# LADIES BUSH SHIRT - CHARCOAL & STONE





LADIES BUSH SHIRT SHAPED WITH FLAP POCKETS





AS150F - from <del>R306.36</del> **R259.00**SHORT SLEEVES

AS150G - from R344.80 R289.00 LONG SLEEVES WITH ROLLUP STEEVE TAB

# MENS BUSH SHIRT - CHARCOAL & STONE



MENS BUSH SHIRT WITH FLAP POCKETS Size: S - 3XL



AS047 - from <del>R344.18</del> **R289.00** SHORT SLEEVES

# OUR TECHNICAL FABRIC HAS THE FOLLOWING GENUINE PROPERTIES:

# FABRIC ENGINEERED AND MANUFACTURED IN SOUTH AFRICA







# STOCK TECHNICAL FABRIC - EASY CARE & COOL





# LADIES VENTED BUSH SHIRT - LIGHT GREY



LADIES SHIRT CLASSIC SHAPED WITH BACK VENT AND ROLLUP SLEEVE TAB Size: Ladies 32 - 44



MENS SIDE
VENTED ZIP
POCKET SHIRT
- OLIVE

AS150VG - from <del>R373.57</del> **R299.00**LONG SLEEVES

# MENS VENTED BUSH SHIRT - LIGHT GREY



MENS BUSH SHIRT WITH BACK VENT AND ROLLUP SLEEVE TAB Size: S - 3XL



AS370LBVG - from R416.56 R339.00 LONG SLEEVES



AS880LSO - from R494.90 R395.00
REAR SIDE VENTED LONG SLEEVE
WITH ZIP POCKET- OLIVE ONLY

OUR TECHNICAL FABRIC HAS THE FOLLOWING GENUINE PROPERTIES:

FABRIC ENGINEERED AND MANUFACTURED IN SOUTH AFRICA







# STOCK "CLASSIC ORIGINALS" 100% COTTON RANGE







# **SWING TICKET**







LONG SLEEVES WITH ROLLUP STEEVE TAB



STONE KHAKI OAK



AS857-235 - from R352.70 R339.00 'CLASSIC ORIGINALS' MENS FLAT FRONT CHINOS

- Premier brand at wholesale pricing
- Washed & brushed 100% cotton twill
- Back jet pocket
- YKK Zipper
- SABS quality fabric

Size: Men 28 - 44



AS856CH - INNER LEG 21cm AS856CC - INNER LEG 21cm from R371.40



from R371.40



from R425.92



from R425.92

SHORTS - 3 WEEK DISPATCH AS856-235 - 'CLASSIC ORIGINALS' MENS FLAT FRONT CARGO OR CHINO SHORTS



# **GENERAL STOCK GARMENTS**







SOFTSHELL JACKET WITH POCKETS - GREY AS1059G - LADIES - from R462.78 R399.00 Size: S - 2XL



**ASTMPLIO - ADULTS LINED PONCHO DURABLE - HEAVY RUBBERISED AND** POLAR FLEECE LINED, IN A BAG, IN OLIVE 1,2M LONG - from R707.20 R669.00 Fabric: Nylon - S ize: OSFA



ASTMPONC - ADULTS PONCHO - DURABLE RUBBERISED AND WATERPROOF. IN A BAG CHOCOLATE, 89L X 140W - from R248.78 R229.00 Fabric: Nylon - S ize: OSFA ASTMPONO - OLIVE - from R239.21 R229.00



**ASTMKIDPONO - KIDS PONCHO** RUBBERISED AND WATERPROOF. OLIVE, 69L X 78W - from R209.00 R199.00 Fabric: Nylon - S ize: OSFA



AS10690 - JACKET WR WARM QUILTED PADDED LINING AND FOLD-IN HOOD OLIVE - from R611.00 R569.00

BOTTLE GREEN (limited sizes) - from R611.00 R299.00 Fabric: Oxford Nylon WP Size: S - 2XL



AS395OL-210 - PARKA JACKET WITH POLAR FLEECE LINING AND FOUR POCKETS OLIVE - from R1130.62 R999.00 Fabric: 210g Polycotton Twill Size: S - 3XL



AS780SB-210 - UNISEX TUNIC STONE AND BLACK SHIRT SS SERVICE STAFF - from R297.02 R269.00 Fabric: 210G Polycotton Twill Size: XS - 3XL



**EP11 - BLACK - UNISEX BLACK ELASTICATED PANTS** WITH PKTS - from R209.10 R199.00 Fabric: Polycotton Twill Size: S - 5XL



AS747BST-210 - LADIES STONE MID RISE FLAT FRONT TROUSERS from R333.04 R299.00 Fabric: 210G Polycotton Twill Size: Ladies 28 - 48



# **GENERAL STOCK GARMENTS**







UNISEX POLAR FLEECE
TOP WITH POCKETS

AS283CM - CHOCOLATE / MUSHROOM
- from R325.40 R299.00

AS283OS - OLIVE / STONE
- from R325.40 R319.00

Fabric: Normal Polar Fleece
Size: XS - 3XL



LADIES PF TOP, RAGLAN
SLV, PKTS, INNER COLLAR
AS1008CM - CHOCOLATE / MUSHROOM
AS1008ST - STONE
- from R322.30 R289.00
Fabric: Normal Polar Fleece
Size: S - 2XL



SERVICE STAFF
UNISEX POLAR FLEECE
TOP - NO POCKETS
AS283AB - BLACK
from R268.99 R249.00
Fabric: Normal Polar Fleece
Size: XS - 3XL



ON SPECIAL R199

UNISEX SLEEVELESS
POLAR FLEECE TOP WITH PKTS
AS283CCM - CHOCOLATE / MUSHROOM
Fabric: Polar Fleece Normal
Size: S - 2XL



ON SPECIAL R199

SHERPA FLEECE UNISEX

SLEEVELESS TOP

AS283CSH - CHOCOLATE / STONE

Size: S - 2XL