



48 hour dispatch unbranded*



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OUR FULL STOCK RANGE 'AS' CODED IS AVAILABLE ON A 3 WEEK DISPATCH WITH EMBROIDERY*

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SIZING INFORMATION



Please request an actual sample garment to confirm your sizing before placing your order as the information below is only a guideline. No returns if garments are supplied as per your order. General Metric Conversion Table

| INCHES: | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 |
|---------|----|----|----|----|----|----|-----|-----|-----|-----|-----|
| CMS: | 71 | 76 | 81 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 |

Men's Lounge Shirts

Measure under your arms, around your back and around the top part of your chest with your arms at your sides

| ORDER: | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 |
|-----------------|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|
| Metric Size: | 81 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 |
| Approx S, M, L: | S | S | S | м | Μ | L | L | XL | 2XL | 3XL | 4XL | 5XL |

Unisex Tunics & Men's Bush Shirts - cut on the larger size

Measure under your arms, around your back and around the top part of your chest with your arms at your sides

| ORDER: | XS | S | Μ | L | XL | 2XL | 3XL | 4XL |
|------------|-------|-------|-------|-------|-------|-------|-------|-------|
| Inch Size: | 30-32 | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 |

Men's Trousers and Shorts - measure around your waist

| ORDER: | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 |
|--------------|----|----|----|----|----|----|-----|-----|-----|-----|-----|
| Metric Size: | 71 | 76 | 81 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 |

Ladies Polar Fleece Top 1008 / Soft Shell Jacket 1059

| ORDER: | XS | S | м | L | XL | 2XL | 3XL |
|------------|----|-------|-------|----|----|-----|-----|
| Inch Size: | 30 | 32-34 | 36-38 | 40 | 42 | 44 | 46 |

Unisex polar Fleece Tops 283

| ORDER: | S | Μ | L | XL | 2XL | 3XL | 4XL | 5XL |
|------------|-------|-------|-------|-------|-------|-----|-----|-----|
| Inch Size: | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54 | 56 | 58 |

Overalls-conti suits are ordered by chest measurement

- our suggestion is to order 1 size bigger than chest measurement to allow for movement and clothing to be worn under the suits
- conti pants in the set are 2 sizes smaller per industry norm see below
- above based on a slim body type, larger body types to order 2 sizes bigger
- please order a sizing set before placing your order as there are no returns on conti suits correctly supplied

Conti suit sets

| ORDER Top Size: | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
|----------------------|----|----|----|----|----|----|----|----|----|----|
| Pants - elasticated: | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 |

When ordering conti pants only

Please order 1 size you need to confirm the general sizing as there are no returns on conti pants correctly supplied

| Your waist size: | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 |
|-----------------------|----|----|----|----|----|----|----|----|----|----|----|
| Pants relaxed: | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 |
| Pants full stretched: | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 |

Ladies Size Chart for Shirts and Tops

Measure under your arms, around your back and around the largest part of your bust with your arms at your sides

| ORDER: | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 |
|-----------------|----|----|----|----|----|----|-----|-----|-----|-----|
| Metric Size: | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 |
| Approx S, M, L: | XS | S | S | Μ | Μ | L | XL | 2XL | 3XL | 4XL |

Ladies pants and skirts

Measure around your hips 2 fingers above where the trouser lower waistband would sit

| ORDER: | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 |
|--------------|----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|
| Metric Size: | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 |

Chefs Double Breasted Jackets

| Order: | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 |
|----------------|------|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|
| Metric Size: | 81 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 |
| Half Chest: | 46 | 49 | 52 | 55 | 58 | 61 | 63 | 67 | 70 | 72 | 74 | 77 |
| Approx Alpha S | ize: | | S | | Μ | | L | XL | 2XL | 3XL | 4XL | 5XL |

Chef Flap Shirts

| Metric Size: | 92-97 | 102-107 | 112 | 117-122 | 127-132 | 137-142 | 147 | 152 |
|--------------|-------|---------|-----|---------|---------|---------|-----|-----|
| Inch Size: | 36-38 | 40-42 | 44 | 46-48 | 50-52 | 54-56 | 58 | 60 |
| Half Chest: | 56 | 58 | 61 | 67 | 72 | 78 | 82 | 87 |
| Order: | S | М | L | XL | 2XL | 3XL | 4XL | 5XL |

Chef Elasticated Trousers

| Inch Size: | 26-28 | 30-32 | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 52-54 |
|--------------|-------|-------|-------|--------|---------|---------|---------|---------|
| Metric Size: | 66-71 | 76-81 | 87-92 | 97-102 | 107-112 | 117-122 | 127-132 | 132-137 |
| Order: | S | м | L | XL | 2XL | 3XL | 4XL | 5XL |



MEASURING & WASHCARE

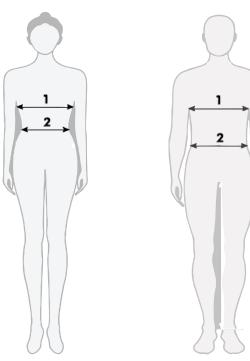


1 - LADIES BUST: Measure at the fullest part of your bust, by placing the tape measure under your arms and across your shoulder blades. Remember to breathe out when taking this measurement.

2 - LADIES WAIST: Measure your waist around the natural waistline.

1 - MENS CHEST: Measure across the widest part of the chest, under the armpits, and around the back. Ensure that the tape is horizontal all the way around the body. (Do not allow it to dip at the back).

2 - MENS WAIST: Decide where you want your trousers to sit (on the hips, above the hips) and measure at this position. Ensure that the tape is horizontal to the ground



COTTON GARMENT WASH CARE

- Cold water wash
- Do not tumble dry
- Garments must be rinsed thoroughly modern washing powder contains optical bleach which, when poorly rinsed, reacts with the sun to bleach the fabric
- Perspiration will bleach the colour from cotton garments
- Allow up to 5% shrinkage
- Cotton fabric and colour is unfortunately not guaranteed due to the varying wash care and working conditions per client

WASHING AND GARMENT CARE INFORMATION

- Cold water wash
- Do not tumble dry. This will increase the life of the garment
- Garments must be rinsed thoroughly
- When drying in sunlight the garments must be turned inside out to reduce colour fading
- Cool iron must be used on all fabrics except nylons and polar fleece materials (No Ironing)
- Do not iron on the screenprints or the embroideries
- Do not use bleach as this will weaken the fibres

WASHCARE GUIDELINES - HOW TO INCREASE YOUR WARDROBE LIFE SPAN:

Follow the care instructions on the garment labels to preserve the appearance of your uniform.

It is each staff members own responsibility to take care of their uniform.

Washing:

• Rather use brand washing powders & avoid harsh bar soaps and bleaches as they cause discolouring

• Use very little fabric softener as this tends to weaken fibres How to reduce creasing:

• Hang up garment after wearing. Fasten zips and buttons to help the

garment keep its shape • Jackets should be placed on a hanger when not being worn

• Hang washable garments on hanger whilst damp and minor creases should drop out

• When ironing is required, iron on the reverse side to prevent "shining"

Drying:

• Fasten all buttons & hang inside out, especially dark colours

• If garments are left out in the sun all day they will be bleached by

the sun Stain removal:

Always carefully remove stains

• Always carefully remove stains before washing or drying as heat can make stains permanent

TREATING STAINS:

Antiperspirant: Make a paste with bicarbonate of soda and salt and apply to stain for about 15 minutes. Soak in detergent and then wash as normal.

Ball Point Pen: Sponge with methylated spirits or Eau-de-Cologne. Any remaining stain should then be rubbed with soap and washed as normal.

Alcohol or Food: Use soda water. Place a towel under area. Fizz soda and rub in towards the centre of the spot.

Blood: Mop with tissues & soak in strongly salted cold water. Keep changing the salt-water solution until it runs clear. Sponge any remaining stain with warm water. Rinse with cold water. Wash the whole garment before the stain dries using a detergent.

Chewing Gum: Put the stained garment in a plastic bag and freeze overnight. Gum should scrape off easily, or brush egg white onto gum stains with a toothbrush and wash normally. Coffee and Tea: Soak in

lukewarm detergent solution. (Always dissolve the detergent in water soaking). Then treat with methylated spirits.

Fruit and Fruit Juices: Rub the stain with salt before washing. Rinse in cold water and soak in liquid detergent. (See care label) Oil: Eucalyptus oil is an excellent oil and grease stain remover (from pharmacy). Using a cotton swab, apply to stained area and then wash as per the care instructions. Tomato Sauce: Rinse in cold water and soak in liquid detergent. If necessary, treat with methylated

necessary, treat with methylated spirits.

HAND WASHING:

• Fill a bucket or deep sink with warm water and about a ¼ cup of detergent

• Put your clothing in the water and leave to soak for a while if stained

• Knead the clothing with your hands in the water for a few minutes, as much as you would knead bread

• Rinse the clothing until water runs clear, not soapy

- Wring out the garment gently
- Turn garments inside out and close any buttons' or zips
- Hang out to dry on a clothes line or a well-ventilated area





LADIES BUSH SHIRT - STONE, OLIVE & CHARCOAL



LADIES BUSH SHIRT SHAPED WITH FLAP POCKETS



AS150F - from R312.36 SHORT SLEEVES

AS150G - from R351.97 LONG SLEEVES WITH ROLLUP STEEVE TAB

MENS BUSH SHIRT - STONE, OLIVE & CHARCOAL



MENS BUSH SHIRT WITH FLAP POCKETS Size: S - 3XL



AS047 - from R351.80 SHORT SLEEVES

AS044 - from R402.80 LONG SLEEVES WITH ROLLUP STEEVE TAB

OUR TECHNICAL FABRIC HAS THE FOLLOWING GENUINE PROPERTIES:

FABRIC ENGINEERED AND MANUFACTURED IN SOUTH AFRICA









LADIES VENTED BUSH SHIRT - LIGHT GREY



LADIES SHIRT CLASSIC SHAPED WITH BACK VENT AND ROLLUP SLEEVE TAB Size: Ladies 32 - 44



AS150V - from R366.42 LONG SLEEVES

MENS VENTED BUSH SHIRT - LIGHT GREY





MENS BUSH SHIRT WITH BACK VENT AND ROLLUP SLEEVE TAB Size: S - 3XL



AS370LBV - from R409.12 LONG SLEEVES



AS880LSO - from R484.68 REAR SIDE VENTED LONG SLEEVE WITH ZIP POCKET- OLIVE ONLY

OUR TECHNICAL FABRIC HAS THE FOLLOWING GENUINE PROPERTIES:

FABRIC ENGINEERED AND MANUFACTURED IN SOUTH AFRICA





Shading may occur within stock garment orders due to varying fabric batches

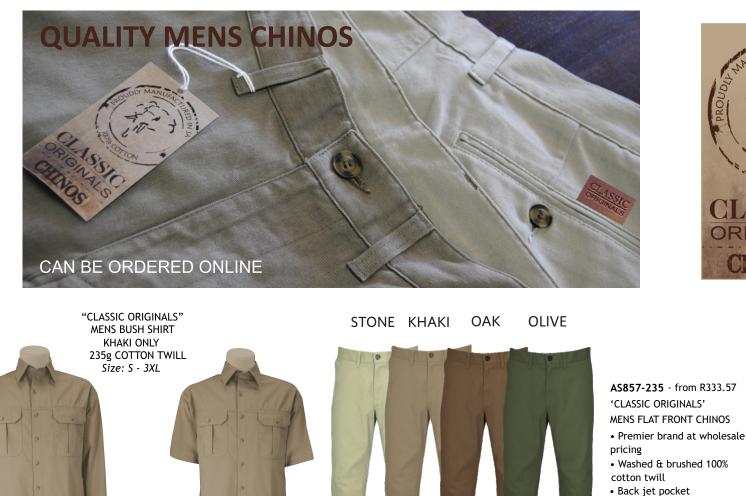


AS044KH-235 - R269.00

LONG SLEEVES WITH ROLLUP STEEVE TAB

STOCK "CLASSIC ORIGINALS" 100% COTTON RANGE





SWING TICKET







AS856CH - INNER LEG 21cm AS856CC - INNER LEG 21cm from R351.56 from R403.97

mpowering our community



• YKK Zipper SABS quality fabric Size: Men 28 - 44



AS856BE - INNER LEG 26cm AS856BC - INNER LEG 26cm from R351.56 from R403.97

SHORTS - 3 WEEK DISPATCH AS856-235 - 'CLASSIC ORIGINALS' MENS FLAT FRONT CARGO OR CHINO SHORTS

Shading may occur within stock garment orders due to varying fabric batches

AS047KH-235 - R249.00

SHORT SLEEVES



GENERAL STOCK GARMENTS





SOFTSHELL JACKET WITH POCKETS - GREY AS1058G - MENS - from R490.89 AS1059G - LADIES - from R451.72 Size: S - 2XL



ASTMPLIO - ADULTS LINED PONCHO DURABLE - HEAVY RUBBERISED AND POLAR FLEECE LINED, IN A BAG, IN OLIVE 1,2M LONG - from R680.00 Fabric: Nylon - Size: OSFA



ASTMPONC - ADULTS PONCHO - DURABLE RUBBERISED AND WATERPROOF, IN A BAG CHOCOLATE, 89L X 140W - from R239.21 *Fabric: Nylon - Size: OSFA* ASTMPONO - OLIVE - from R239.21



ASTMKIDPONO - KIDS PONCHO RUBBERISED AND WATERPROOF, OLIVE, 69L X 78W - from R209.00 Fabric: Nylon - Size: OSFA



AS10690 - JACKET WR WARM QUILTED PADDED LINING AND FOLD-IN HOOD OLIVE - from R573.53 Fabric: Oxford Nylon WP Size: S - 2XL



AS395OL-210 - PARKA JACKET WITH POLAR FLEECE LINING AND FOUR POCKETS OLIVE - from R1083.90 Fabric: 210g Polycotton Twill Size: S - 3XL



AS780SB-210 - UNISEX TUNIC STONE AND BLACK SHIRT SS SERVICE STAFF - from R271.40 Fabric: 210G Polycotton Twill Size: XS - 3XL



EP11 - BLACK - UNISEX BLACK ELASTICATED PANTS WITH PKTS - from R209.10 Fabric: Polycotton Twill Size: S - 5XL



AS747BST-210 - LADIES STONE MID RISE FLAT FRONT TROUSERS from R307.72 Fabric: 210G Polycotton Twill Size: Ladies 28 - 48

GENERAL STOCK GARMENTS





UNISEX POLAR FLEECE TOP WITH POCKETS AS283CM - CHOCOLATE / MUSHROOM AS283OS - OLIVE / STONE - from R310.61 Fabric: Normal Polar Fleece Size: XS - 3XL



LADIES PF TOP, RAGLAN SLV, PKTS, INNER COLLAR AS1008CM - CHOCOLATE / MUSHROOM AS1008ST - STONE - from R308.08 Fabric: Normal Polar Fleece Size: S - 2XL



SERVICE STAFF UNISEX POLAR FLEECE TOP - NO POCKETS AS283AB - BLACK from R256.37 Fabric: Normal Polar Fleece Size: XS - 3XL





UNISEX SLEEVELESS POLAR FLEECE TOP WITH PKTS AS283CCM - CHOCOLATE / MUSHROOM Fabric: Polar Fleece Normal Size: S - 2XL



ON SPECIAL R199

SHERPA FLEECE UNISEX SLEEVELESS TOP AS283CSH - CHOCOLATE / STONE Size: S - 2XL



eCHEF STOCK GARMENTS







EP7 - BANDANNA OR DOEK, TRIANGULAR 100 X 70 X 70cm

BLACK from R49.30WHITE from R49.30

EP11

Size: 34 - 52

Size: 34 - 52

UNISEX ELASTICATED PANTS WITH 3 POCKETS & DRAWCORD • BLACK from R209.10 • BLUE CHECK from R224.40



EP8 - HALF APRON WITH RECTANGULAR POCKET 98W X 77Lcm • BLACK from R93.50 • WHITE from R90.10

EP9 - BIB APRON WITH NECK ADJUSTER AND ROUNDED POCKET 72W X 86Lcm • BLACK from R88.40 • WHITE from R85.00

Size: S - 4XL

EP9 - FULL BUTCHERS APRON WITH NECK ADJUSTER AND ROUNDED POCKET 72W X 86Lcm • BLUE & WHITE STRIPES from R93.50



ES2B from R419.16

EXECUTIVE CHEFS JACKET WITH PIPING, FRENCH CUFFS & UNDERARM EYELETS ES2BWB - WHITE WITH BLACK PIPING ES2BBW - BLACK WITH WHITE PIPING

EP1

CHEFS JACKET, BASIC D/BREASTED WITH WHITE POPPERS, LONG SLEEVES • WHITE

EP17

CHEFS FLAP SHIRT WITH PRESS STUDS & SHORT SLEEVES • WHITE • BLACK

EP6 CHEFS BEANIE WITH TONAL TOP PIPING AND HIDDEN VELCRO CLOSER 7,5H X 18Dcm • BLACK from R57.80

• WHITE from R52.70

 ES2BBW
 ES2BWB
 EP1 - WHITE
 D/BREASTED L/S
 EP17 - BLACK
 EP17 - WHITE
 FLAP SHIRT
 FLAP SHIRT
 FLAP SHIRT
 FLAP SHIRT
 FLAP SHIRT
 from R207.40
 EP17 - WHITE
 FLAP SHIRT
 from R200.60

Size:30 - 58

Shading may occur within stock garment orders due to varying fabric batches

Size: S - 4XL